



PHYSICAL THERAPY & PERFORMANCE

# MEET OUR TEAM

*San Juan Capistrano*

## **Jonathan Yeh, PT, DPT, OCS**



Jonathan completed his Doctor of Physical Therapy training at the University Of Southern California. He has been a board-certified orthopedic clinical specialist since 2009. His approach is holistic as he believes in treating people, not injuries. In his free time, Jonathan enjoys attending concerts with his wife, playing sports with his two kids, and hiking Orange County trails with his dog, Iggy.

## **Tyler Kist, PT, DPT**



Tyler graduated from Physical Therapy School at West Coast University in Los Angeles. He enjoys treating patients with various manual therapy techniques, exercise-based strengthening, and a movement science-based approach. His hobbies today include golf, weightlifting, and spending time with my wife and Bernedoodle, Bosa, cheering on the Chargers.