



PHYSICAL THERAPY & PERFORMANCE



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PROSPORT PHYSICAL THERAPY AND PERFORMANCE

Patient _____ Date _____

Diagnosis _____

Date of Surgery _____

Frequency of Treatment _____ times per week Duration _____ weeks

Area (s) to be Treated _____

EVALUATE & TREAT

Total Joint Rehab

Modalities

PT Discretion

Heat/Cold

Traction

NMES/TENS/IFC/IONTOP

Therapeutic Exercise

PROM

AAROM

AROM

Stretching

Strengthening

HEP

Gait Training NWB, PWB, WBAT, FWB

Concussion Exertion Testing

Balance Training

Manual Therapy

PNF Techniques

Strain/Counterstrain

Other: _____

Referring Physician (print) _____

Signature _____

COSTA MESA / NEWPORT BEACH 2777 Bristol Street, Ste B | Costa Mesa, CA 92626 PT: 949.250.1112 | Perf: 714.352.3660 | Fax: 949.250.1401

FOOTHILL RANCH 26672 Portola Pkwy., Ste. 116 | Foothill Ranch, CA 92610 Phone: 949.518.1220 | Fax: 949.518.1221

LAGUNA HILLS / IRVINE 23001 Del Lago Drive, Ste C-1 | Laguna Hills, CA 92653 Phone: 949.387.7333 | Fax: 949.916.7309

MISSION VIEJO 26932 Oso Parkway, Ste. 260 | Mission Viejo, CA 92691 Phone: 949.582.0132 | Fax: 949.582.5127

RANCHO SANTA MARGARITA 22521 Avenida Empresa, Suite 116 | Rancho Santa Margarita, CA 92688 Phone: 949.766.8535 | Fax: 949.766.8540

SAN JUAN CAPISTRANO 32302 Camino Capistrano, Ste. 106 | San Juan Capistrano, CA 92675 Phone: 949.276.8845 | Fax: 949.276.8847

SPORTS CONDITIONING & REHAB. 871 S. Tustin Street | Orange, CA 92866 Phone: 714.633.7227 | Fax: 714.633.6092

Along with 4 locations in the greater Los Angeles Area that are available on our website

www.prosportpt.com